

HELP THEM BOTH

Her Pregnancy and Life Assistance Network



www.herplan.org



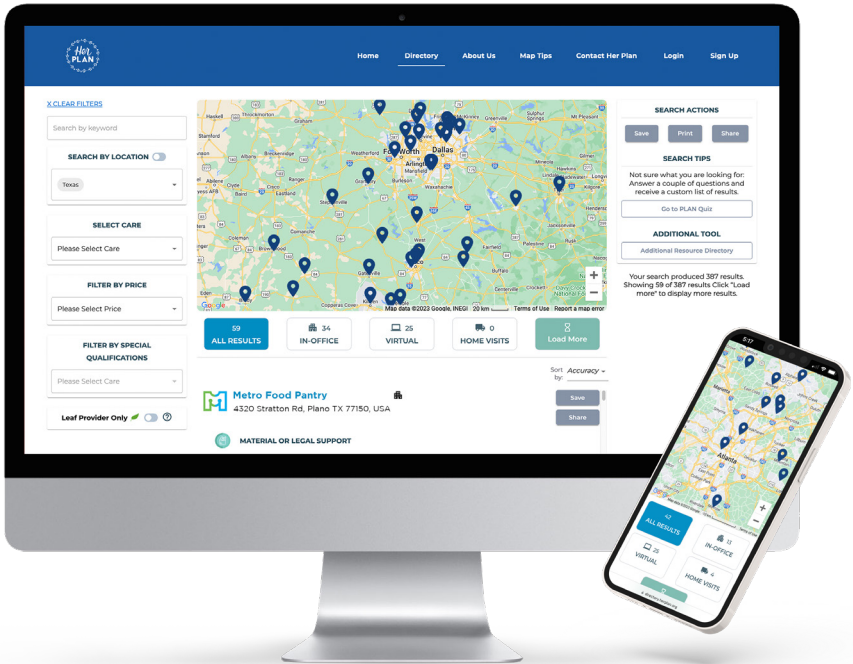
@herplanofficial



@herplan.org

Her PLAN Directory

Her PLAN facilitates collaboration between assistance providers and their communities to empower women and families through comprehensive medical, social, and material support.



Assistance providers collaborate to serve women and families but are not formally or legally affiliated and do not support or refer for abortion.

View Her PLAN directories at www.herplan.org

Her PLAN Service Categories



CARE COORDINATION AND MENTORSHIP

Options counseling and pregnancy support

HEALTH AND WELL-BEING

Women's medical services (e.g. ob/gyn)

Support services for women (e.g. breastfeeding)

General health services (e.g. primary care, dental)

FINANCIAL ASSISTANCE, WORK, OR EDUCATION

Financial assistance

Work opportunities

Education opportunities

MATERIAL OR LEGAL SUPPORT

Transportation

Food and nutrition

Clothing, household goods, and baby supplies

Housing, shelters, and maternity homes

Legal support

RECOVERY AND MENTAL HEALTH

Addiction or suicide intervention

Intimate partner violence, sexual assault, or sex trafficking

Counseling for women and families

Abortion recovery and healing

PRENATAL DIAGNOSIS

Disability support organizations

Medical interventions for baby

Perinatal hospice resources

Pregnancy and infant loss support

CARE FOR CHILDREN

Childcare help

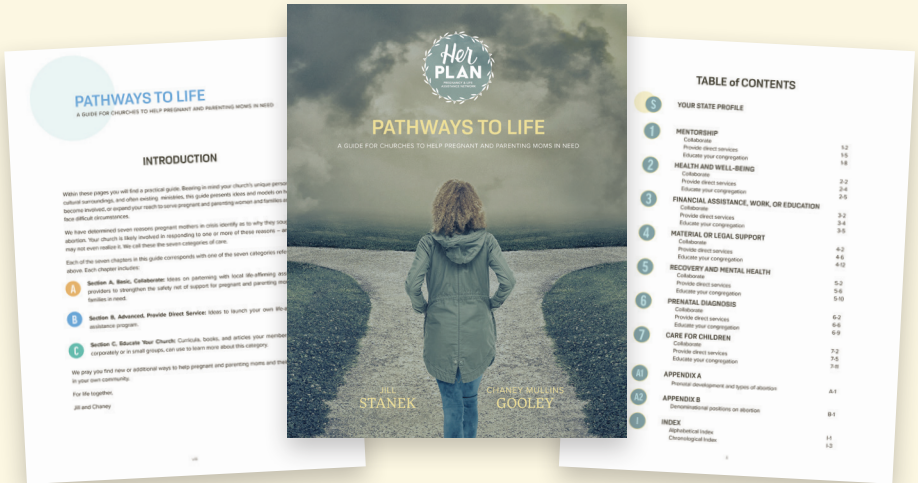
Children's health care

Family and parenting education

Adoption services

Foster and short-term care

Her PLAN Community



Scan for ideas of how you, your church, or community can help them both.

Her PLAN IS CERTIFIED BY:



Her PLAN is a project of SBA Pro-Life America Education Fund